### ST. JOSEPH'S COLLEGE, DEVAGIRI, CALICUT (AUTONOMOUS)



#### POST GRADUATE DEGREE PROGRAMME

ST. JOSEPH'S CHOICE BASED CREDIT SEMESTER SYSTEM (SJCBCSSUG)

#### MASTER OF SOCIAL WORK

Course Outcome (2019Admn Onwards)

#### **COURSE OUTCOMES**

#### **CORE COURSES**

#### **SEMESTER I**

### FSOW1C01 - HISTORY, PHILOSOPHY AND FIELDS OF SOCIAL WORK

COs	COURSE OUTCOMES
CO1	Outline the history of Social work and Social Work education and its place in the context of other related concepts
CO2	Explain the philosophical assumptions and values of Social Work and the sources of Social work Philosophy
CO3	Apply social work values while working with various client groups
CO4	Explain the different perspectives in Social Work and evaluate their relative relevance/applicability in different practice contexts
CO5	Describe the basic concepts, methods and functions of Social Work and roles and skills of a professional social worker
CO6	Apply the Code of Ethics and describe the attributes of Social Work as a profession
CO7	Identify the various fields of Social Work

#### **SEMESTER I**

### FSOW1C02 - SOCIOLOGY AND ECONOMICS FOR SOCIAL WORK PRACTICE

COs	COURSE OUTCOMES
CO1	Describe the important sociological perspectives and theories
CO2	Explain the basic concepts in Sociology and Economics
CO3	Analyse major social and economic problems

#### **SEMESTER I**

#### FSOW1C03 - HUMAN GROWTH AND DEVELOPMENT

COs	COURSE OUTCOMES
CO1	Describe the definition, nature and scope of Psychology
CO2	Explain the general concepts in Psychology
CO3	Evaluate the theories and principles of development
CO4	Examine the life span approach and development through different stages

#### SEMESTER I FSOW1C04 - PROFESSIONAL SKILLS FOR SOCIAL WORKERS

COs	COURSE OUTCOMES
CO1	Explain the concepts of self, self, Self awareness, self concept, self esteem, self image and self acceptance
CO2	Demonstrate the various techniques of understanding oneself
CO3	Demonstrate the relationship, communication and leadership skills required for social workers
CO4	Apply ICT in social work practice

### SEMESTER I FSOW1C05 - SOCIAL LEGISLATION AND HUMAN RIGHTS

COs	COURSE OUTCOMES
CO1	Explain the Legal system in India and the process of making social legislation
CO2	Describe Social Legislation as an instrument for Social Control, Social Security, Social change, Social justice and Social Policy
CO3	Explain human rights and organizations to protect human rights
CO4	Outline the legislations for the protection of children, women, aged and other vulnerable groups and statutory bodies involved in their implementation
CO5	Identify the role of Social Workers in the field of Social legislation and Human rights

#### SEMESTER II FSOW2C06 - SOCIAL CASE WORK

COs	COURSE OUTCOMES
CO1	Explain the theoretical framework and core values for the practice of social case work
CO2	Assess and diagnose the problems of individuals
CO3	Plan intervention for individuals with problems
CO4	Develop skills in laisioning, networking and mobilizing resources for the rehabilitation of individuals with problems
CO5	Acquire skills for recording and documentation of interventions

#### SEMESTER II FSOW2C07 - SOCIAL GROUP WORK

COs	COURSE OUTCOMES
CO1	Explain the theoretical framework for the practice of Social Group Work
CO2	Describe the group work process
CO3	Assess and diagnose problems and plan group work for individuals in groups
CO4	Analyze the applications of SGW in various settings

## SEMESTER II FSOW2C08 - COMMUNITY ORGANISATION AND SOCIAL ACTION

COs	COURSE OUTCOMES
CO1	Describe the basic concepts of community, community functions and community dynamics
CO2	Apply the values of community organization and social action
CO3	Explain the process, theoretical framework and models of Community Organisation
CO4	Use strategies and skills in community organization and social action
CO5	Practice community organization in different contexts

#### SEMESTER II FSOW2C09 - PSYCHOLOGY FOR SOCIAL WORK

COs	COURSE OUTCOMES
CO1	Explain the definition, nature and scope of Social Psychology
CO2	Explain the concepts of attitude, social perception and social cognition
CO3	Describe the nature, functions and concepts of group
CO4	Outline the aspects of social influence, theoretical perspectives and features of prosocial behaviour and aggression
CO5	Evaluate the relevance of propaganda and collective behavior
CO6	Explain the concept of mental health, mental health issues and Biopsychosocial model of mental health and mental disorders

### SEMESTER II FSOW2C10 - THEORY AND PRACTICE OF COUNSELLING

COs	COURSE OUTCOMES
CO1	Explain the concept and process of counselling and its elements
CO2	Differentiate counselling from Social Case Work, Guidance and Psychotherapy
CO3	Determine the application of theories in counseling
CO4	Demonstrate the ability to practice counselling in various settings

# SEMESTER III FSOW3C11 - QUANTITATIVE AND QUALITATIVE METHODS FOR SOCIAL WORK RESEARCH

COs	COURSE OUTCOMES
CO1	Describe the significance and characteristics of social work research
CO2	Explain the process of social work research
СОЗ	Demonstrate the ability to use various quantitative and qualitative research methods
CO4	Explain the meaning of descriptive and inferential statistics
CO5	Determine the application of statistical techniques in social work research

	Demonstrate the ability to undertake research projects in social sciences and
	prepare scientific reports

#### **SEMESTER III**

### FSOW3C12 - PARTICIPATORY PROJECT PLANNING AND TRAINING

COs	COURSE OUTCOMES
CO1	Explain relevant theoretical frame work of project preparation and its various stages
CO2	Demonstrate skills in preparation, management and evaluation of development projects
СОЗ	Design and implement participatory training programme
CO4	Use participatory training methodologies for social work interventions

### **SEMESTER III FSOW3C13 - COMMUNITY HEALTH**

COs	COURSE OUTCOMES
CO1	Explain the concept of Community health and related terminologies
CO2	Describe the concept of health and integrated approach to health in the context of Development
СОЗ	Analyze plans and policies/legislations in health and implications for social work practice
CO4	Identify the public health issues and needs facing the country and design social work interventions
CO5	Outline the Health Care system in India and its administration pattern

#### **SEMESTER III**

**ELECTIVE 1 -MEDICAL AND PSYCHIATRIC SOCIAL WORK** 

#### FSOW3E01 - HEALTH CARE SOCIAL WORK

COs	COURSE OUTCOMES
CO1	Describe the history and scope of Health Care social Work
CO2	Demonstrate the ability to do psycho-social assessment of persons with health issues
CO3	Identify the role and functions of social workers in the health care settings.
CO4	Determine the application of theories and approaches in health care social work
CO5	Identify the ethical practice in healthcare social work

#### **SEMESTER III**

#### ELECTIVE 2 – RURAL AND URBAN COMMUNITY DEVELOPMENT FSOW3E02 - RURAL COMMUNITY DEVELOPMENT AND GOVERNANCE

COs	COURSE OUTCOMES
CO1	Analyse the condition of rural and tribal communities in India in terms of social and economic development
CO2	Analyse the challenges faced by the rural and tribal communities
CO3	Explain the concept, philosophy and principles of Rural Community development and the programmes and services in the governmental and voluntary sector for rural communities
CO4	Outline the structure functions and role of PRIs in community development
CO5	Identify the scope of social work interventions in rural communities

### SEMESTER III ELECTIVE 1 -MEDICAL AND PSYCHIATRIC SOCIAL WORK

#### FSOW3E03 - SOCIAL WORK IN MENTAL HEALTH SETTINGS

COs	COURSE OUTCOMES
CO1	Explain Classification in Psychiatry
CO2	Describe psychiatric interviewing and assessment in Psychiatry
CO3	Describe Epidemiology, Clinical Manifestation, treatment and outcome of major psychiatric disorders
CO4	Identify the role of psychiatric social worker in psycho social interventions
CO5	Practice Psycho Social Interventions and Multidisciplinary team approach in the field of mental health
CO6	Apply social work methods in mental health settings

#### **SEMESTER III**

#### ELECTIVE 2 – RURAL AND URBAN COMMUNITY DEVELOPMENT FSOW3E03 - URBAN COMMUNITY DEVELOPMENT AND GOVERNANCE

COs	COURSE OUTCOMES
CO1	Explain the urban communities and the processes like urbanization and its impact on social conditions
CO2	Analyse the challenges faced by urban communities with focus on vulnerable populations
CO3	Describe the concept, philosophy and principles of Urban Community development and the programmes and services in the governmental and voluntary sector for urban communities
CO4	Identify the structures and institutions for urban governance
CO5	Describe the scope of social work interventions in rural communities

### SEMESTER IV FSOW4C14 - ADMINISTRATION OF HUMAN

#### **SERVICE ORGANIZATIONS**

COs	COURSE OUTCOMES
CO1	Explain the concepts in administration and administration as a method of Social work
CO2	Describe the procedure of registering trust, society, CBO, NGO and NPO
CO3	Outline the social welfare programmes of Ministry of women and child development, Ministry of rural development, Ministry of urban development, Panchayati Raj, Central social welfare board and State social welfare board
CO4	Explain HRM and its process
CO5	Describe the concept of organizational behavior and theories of motivation and leadership
CO6	Explain the problems in organizations and grievance redressal mechanisms

#### SEMESTER IV FSOW4C15 - SOCIAL WORK WITH VULNERABLE GROUPS

COs	COURSE OUTCOMES
CO1	Explain the concepts-Vulnerability, Exclusion, Marginalisation, At-risk, disadvantaged and Stigmatisation
CO2	Describe major issues and vulnerabilities faced by different vulnerable groups
CO3	Evaluate the policies and welfare programmes for vulnerable groups in India
CO4	Describe the approaches and strategies of social work with them
CO5	Apply social work principles, skills and methods in helping vulnerable groups

### SEMESTER IV ELECTIVE 1 -MEDICAL AND PSYCHIATRIC SOCIAL WORK

### FSOW4E05 - THERAPEUTIC APPROACHES IN MEDICAL AND PSYCHIATRIC SETTINGS

COs	COURSE OUTCOMES
CO1	Explain the concept of psychotherapy and different types of therapies
CO2	describe Cognitive and behaviour therapies, Humanistic and existential therapies and techniques
CO3	Explain Family Therapy and techniques of practice used in family therapy
CO4	Explain other psychosocial therapies
CO5	Explain the role of Yoga and meditation, mindfulness based stress reduction, motivational enhancement therapy in stress reduction

#### **SEMESTER IV**

# ELECTIVE 2 – RURAL AND URBAN COMMUNITY DEVELOPMENT FSOW4E06 - ENVIRONMENTAL STUDIES AND DISASTER MANAGEMENT

COs	COURSE OUTCOMES
CO1	Explain the basic concepts in environment studies
CO2	Identify the policies and approaches and problems in the sustainable management of natural resources
CO3	Analyse the environment problems and impact of development initiatives.
CO4	Outline the national and international measures to deal with environment issues
CO5	Explain the process of disaster management
CO6	Practice social work in dealing with environmental problems and in disaster

#### **SEMESTER IV**

ELECTIVE 1 -MEDICAL AND PSYCHIATRIC SOCIAL WORK FSOW4E07 - SOCIAL WORK PRACTICE WITH FAMILIES

COs	COURSE OUTCOMES
CO1	Describe the conceptual framework related to marriage and family and characteristics of family life cycle
CO2	Identify models of family dynamics and family assessment
CO3	Explain the process of family social work
CO4	Explain the history, concepts and techniques of family therapy
CO5	Practice family therapy in contexts including Family Counselling Centres, Family Courts, Family welfare Clinics, Adoption and Foster Care Agencies, and Family Violence

#### **SEMESTER IV**

# ELECTIVE 2 – RURAL AND URBAN COMMUNITY DEVELOPMENT FSOW4E08 - SOCIAL WORK PRACTICE AND GENDER

COs	COURSE OUTCOMES
CO1	Explain concepts and theories related to gender
CO2	Analyse the status of women with respect to health, education, political participation, representation in media and law and appreciate the gaps therein
CO3	Describe gender based violence and measures to combat violence
CO4	Analyse gender issues using gender analysis frame woks
CO5	Explain the theoretical frame work for feminist social work
CO6	Practice social work with women in different contexts using Gender Aware therapy, Feminist counselling, building collectives, education, advocacy and assertiveness training

#### **FSOW4P16 – DISSERTATION**

COs	COURSE OUTCOMES
CO1	Formulate Social Work research proposal
CO2	Develop independent practice competency to conduct Social Work research
CO3	Apply qualitative and quantitative research methods in Social Work Practice

#### **FIELD WORK**

#### SEMESTER I FSOW1F01 – CONCURRENT FIELD WORK

COs	COURSE OUTCOMES
CO1	Engage with individuals, families, groups, organizations, and communities
CO2	Identify both agency and clients as systems and describe the administrative procedures, programme management
CO3	Explain the problems of marginalized individuals, groups and communities
CO4	Identify the functioning and programmes of governmental and nongovernmental organizations involved in welfare and developmental activities for vulnerable groups
CO5	Acquire skills in communication – presentation and reporting of observed realities, documentation, writing field work reports and public relation skills

SEMESTER II FSOW2F02 – CONCURRENT FIELD WORK

COs	COURSE OUTCOMES
CO1	Practice Social Case Work
CO2	Practice Social Group Work.
CO3	Practice Community Organization and other macro level interventions.
CO4	Develop skills in reporting, documentation and dissemination.
CO5	Identify as a professional social worker and conduct accordingly

### SEMESTER III FSOW3F03 – CONCURRENT FIELD WORK

COs	COURSE OUTCOMES
CO1	Practice Social Work in medical and psychiatric settings / urban and rural communities/family and child welfare settings
CO2	Develop skills in observing, analyzing, evaluating and creating innovative social work interventions
CO3	Develop documentation and reporting skills
CO4	Identify as a professional social worker and conduct oneself accordingly
CO5	Conduct seminars, workshops and training programmes for different client groups

#### SEMESTER IV FSOW4F04 – CONCURRENT FIELD WORK

COs	COURSE OUTCOMES
CO1	Practice Social Work methods in specialized settings
CO2	Develop skill in documentation, dissemination and recording of Social Work interventions
CO3	Develop innovative models for Social Work interventions
CO4	Identify and manage ethical dilemmas while practicing Social Work.
CO5	Critical reflection of Social Work practice

#### **SEMESTER IV**

#### FSOW4F05 – BLOCK FIELD WORK

COs	COURSE OUTCOMES
CO1	Develop independent practice competency to work as professional social worker
CO2	Apply critical thinking to inform and communicate professional judgments
CO3	Engage in research informed practice and practice informed research
CO4	Apply knowledge of human behaviour and the social environment and understand diversity and difference in practice